

Registration

Name: _____

Phone: _____

Email: _____

Retreat Fees (No accommodation)

- \$65.00 Full Program
- \$45.00 One Day Only – Saturday
- \$35.00 One Day Only – Sunday

Registration is as above or whatever you can afford

Maryknoll Accommodation* (Incl. Retreat Fee)

- \$159.00 Shared Room
- \$179.00 Single Room
- \$209.00 En suite Room

Note: Accommodation is for Friday and Saturday nights. Catering not included, other than cold breakfast.

Registration Submission/Payment Details

Please return your completed registration form with your payment before Friday 26th April 2019.

By Post

Send your registration form and Cheque/money order (*Make payable to OA Melbourne intergroup Inc*) to: **OA Melbourne**
70 Punt Road, Windsor VIC 3181

By Email

Send your registration form along with the date of your Direct Deposit to: **oahobart@gmail.com**

Direct Deposit Details:

BSB: 033 067 (Westpac)

Account: 144309

Reference: Retreat (then enter your name)

Saturday Night Dinner

Join us for dinner at a local restaurant? Yes

Directions

Maryknoll Retreat and Conference Centre,
15 Home Ave, Blackmans Bay, TAS, 7052



Blackmans Bay from Hobart: 19 min (18 km)

Metro Tas Bus Network: Routes 407, 408, 409, 411, 427, 428, 500, Stop 146 Roslyn Ave

Accessibility

No Disability Access: some ramps, but no wheelchair access to toilets.

Food Venues

The retreat is un-catered, however there are basic fridge, microwave, and toaster facilities. Please be mindful that only limited food storage is available. There are cafes, restaurants, and a grocer nearby, all within a 5-10 minute walk.

Registration

There is a maximum capacity at the centre. Please register early, as we will need to know numbers in advance.

For any enquires, including phone conference options for during retreat, please email **oahobart@gmail.com**

Accentuate the



OA Retreat 2019
Hobart, Tasmania
10-12 May 2019

Presented by OA Melbourne Intergroup Inc.



EVENT PROGRAM

Friday

- 6.00pm Registration
7.30pm **#1: Tried and True**
The Traditions are the glue that bind us together.
9:00pm Cup of tea & fellowship

Saturday

- 9.00am Registration
9.30am Welcome and Housekeeping
9.40am **#2: Steps 1-2-3**
The 12 Step Dance
11.00am Break
11.25am **#3: An Array of Abstinence**
Diversity in Eating Plans.
12.30pm Lunch
2.00pm **#4: Meditation Workshop**
Walk, sit, reflect
3.20pm Break
3.45pm **#5: Finding the Power in HP**
Meeting A Higher Power
5.00pm Dinner
7.30pm **Un-talent Quest**
*Songs, Dances, Skits,
Comedy Routines
- Come share with us!*

Sunday

- 9.00am Registration
9.30am **#6: Service**
Pushing out into the Sea of Faith
11.10am Break
11.30am **#7: Gift in Each Situation**
What was a positive outcome resulting from a negative situation?
12.30pm Lunch
2.00pm **#8: Fellowship and Healing**
Don't leave before the miracle happens
3.00pm Break
3.20pm **Closing Meeting**
Recapping and Closing
4.00pm Retreat Ends
A fundraising raffle will be drawn Sunday afternoon and exciting door prizes will be awarded daily!
There will be literature for sale during the retreat.
"We seek to examine our actions so we can learn from our mistakes and build on our successes."
- The Twelve Steps and Twelve Traditions of Overeaters Anonymous, p.87

Accommodation

Cedar Cottages Blackmans Bay

Address: 245 Roslyn Ave, Blackmans Bay
Website: <https://www.cedarcottages.com.au/>
Phone: (03) 6229 2532
Time to Venue: 20 minutes walking

Travelodge Hotel Hobart

Address: 167 Macquarie Street, Hobart
Website: <https://www.travelodge.com.au/hotel/hobart>
Phone: (03) 6220 7100
Time to Venue: 20 minutes driving

Fountainside Hotel

Address: 40 Brooker Avenue, Hobart
Website: <http://www.fountainside.com.au/>
Phone: (03) 6213 2999
Time to Venue: 20 minutes driving

Best Western Hobart

Address: 156 Bathurst Street, Hobart
Website: https://www.bestwestern.com/en_US/book/hotels-in-hobart/best-western-hobart/propertyCode.97434.html
Phone: (03) 6232 6255
Time to Venue: 20 minutes driving

There are also several Airbnb's listed for Blackmans Bay and surrounding suburbs, if you get in quickly enough!

***Please note that accommodation at Maryknoll is limited.** Contact us ASAP to confirm your place.