

SEPTEMBER SHAREATHON 2020

Please text Samantha on +61 478 636 718 if you have any Shareathon queries.
Please ring Lauren +61 401 960 109 if you have any technical difficulties

For technical help please contact Lauren +61 401 960 109

SEPTEMBER SHAREATHON 2020

FUNDRAISER:

The Shareathon is our major FUNDRAISER this year and our FUNDRAISING GOAL is: **\$2000.00!**

There are two (2) ways to contribute to Melbourne Australia's Intergroup

1. Direct Deposit (Best option within Australia)
Account Name: Overeaters Anonymous Melbourne
Intergroup **BSB: 033067** **ACC: 144309**
2. PayPal (Best option outside Australia) <http://www.oa.org.au/7th-tradition/>

How to join a Zoom meeting:

Website URL: <https://zoom.us/>

3. Click on the link above to join the Zoom meeting.
4. Enter the Zoom Meeting ID (and any passcode)

Joining a Zoom meeting by phone only:

5. Dial an in-country number. If you dial a toll number, your carrier rates will apply. You can find the numbers on your meeting invitation or a full list of international dial-in numbers at <https://zoom.us/zoomconference>.
6. You will be prompted to enter the [meeting ID](#) - the nine (9), ten (10), or eleven (11) digit ID provided to you by the host, followed by #.
7. If the meeting has not already started and [join before host](#) is not enabled, you will be prompted to enter the [host key](#) to start the meeting, or to press # to wait if you are participant.
8. You will be prompted to enter your unique participant ID. This only applies if you have joined on the computer or mobile device or are a panelist in a webinar. Press # to skip.

If you join by computer or mobile device later, you can enter the Participant ID to bind your phone and device session together and show your video when you speak on the phone. To enter your participant ID once you are in the meeting, enter **#Participant ID#** on your phone.

Phone controls for participants

The following commands can be entered via DTMF tones using your phone's dial pad while in a Zoom meeting:

- ***6** - Toggle mute/unmute
- ***9** - [Raise hand](#)

Shareathon Meeting 1: Early Morning Melbourne

Theme: **Big Book**
Zoom ID: **200 540 624**
Zoom Passcode: **No passcode required**
Language: **English**
Time: **07:30am – 08:15am Australian Eastern Standard Time (GMT+10)**

Additional notes:

- This is a 45 minute Big Book step study meeting.
- It is a daily meeting.
- It is a decision of the group conscience that **Videos should be turned ON.**
- If you are unable to turn on your video, please dial in

Shareathon Meeting 2: Rowville

Theme: **Carrying the Message to the Public**
Zoom ID: **447 167 603**
Zoom Passcode: **010744**
Language: **English**
Time: **0830am – 09:45am Australian Eastern Standard Time (GMT+10)**

Additional notes:

- Carrying the Message and Public Information.
- We will have three speakers for 5-10 minutes each
- Followed by plenty of time to share your experience, strength and hope on the topic of carrying the message.

Shareathon Session 3: Bi-annual General Meeting

Special topic: **Summary of Intergroup activities for previous 6 months+ Intergroup Elections - Exec / Non Exec**

Zoom ID: **821 1626 6989**

Zoom Passcode: **759755**

Language: **English**

Time: **10:15am – 11:15am Australian Eastern Standard Time (GMT+10)**

All OA members are welcome to attend!

Executive Intergroup Positions up for election

Role	Abstinence Requirements Current + continuous	Term of Service
Vice-Chairperson	3 months	1 year
Treasurer	3 months	1 year
Public Information Co-ordinator	3 months	1 year
Literature Co-ordinator	3 months	1 year (half term only)
1 x Region 10 Representative	12 months	2 years
1 x Region 10 Representative	12 months	2 years (half term only)
World Service Delegate	12 months	2 years

Criteria for Executive Positions

- Be working the 12 Steps within OA for at least one year
- Working familiarity with the 12 Traditions of OA

Non-executive Intergroup Positions up for election

Role	Abstinence Requirements	Term of Service
Intergroup Minute Taker/distributor	commitment to abstinence	1 year
Webmaster	commitment to abstinence	1 year
Office Co-ordinator	commitment to abstinence	1 year
Outreach Officer	commitment to abstinence	1 year
Events Co-ordinator	commitment to abstinence	1 year
March Shareathon Committee	commitment to abstinence	1 year
Convention Committee 2021	commitment to abstinence	until completion of convention

Please note the following:

- Members nominating for a **Melbourne Intergroup Executive position**, **MUST** attend and nominate during the **Bi-annual General Meeting**.
- Members nominating for all **other Melbourne Intergroup positions**, **CAN** attend and nominate during the **Bi-annual General meeting**

OR

CAN nominate by writing to the Chairperson of OA Melbourne Intergroup via oa.melb@gmail.com
Voting during the **Bi-annual General meeting** is limited to
Group Representatives AND members of the Melbourne Intergroup Executive.
Observers are most welcome.

If you are interested in nominating, please email oa.melb@gmail.com for the service position Job Descriptions.

Shareathon Session 4: Hobart

Special topic: **Steps and Traditions meeting: Step 12**

Zoom ID: **921 7737 4796**

Zoom Passcode: **021104**

Language: **English**

Time: **11:30 am – 12:30pm Australian Eastern Standard Time (GMT+10)**

Additional notes:

- *Please bring your 12 Steps and 12 Traditions book to this meeting*
- The Hobart OA meeting is based in the capital of Tasmania, an island in the far south of Australia. We welcome newcomers and oldtimers alike.
- Ours is a Steps and Traditions meeting, using literature such as the Twelve Steps and Traditions of OA and the For Today daily reader.

Shareathon Meeting 5: Watering the Seeds of Recovery Workshop

Theme: **A workshop exploring what makes our recovery – and the OA Fellowship – flourish**

Zoom ID: **828 0529 2846**

Zoom Passcode: **042 904**

Language: **English**

Time: **1:30 pm – 2:30pm Australian Eastern Standard Time (GMT+10)**

Additional notes:

- This workshop is about what we love in OA and what we need to do to make our recovery and the Fellowship as a whole, flourish!
- Please bring something to write with and be ready to share on screen and in the chat.